FHC at Biltmore	FHC at Cane Cree			🔲 FHC at Enka	/Candler
Center for Psychiatry	Deerfield	Give	ns		
		AHEC			
	ALTH CENTERS				fidantial**
Please complete the followin		-		ormation is con	
Name					
Address Home county					
Home phone					
By providing a phone number, mobile phone nu appointments, to obtain feedback on my experi	mber or email address, I au	thorize MAHEC to contac	ct me or my guardia	n/legal representative	to remind me of
Birth Date	_ Gender: 🔲 N	lale 🔲 Female			
Marital Status: 🔲 Single 🔲 In a	relationship 🔲 Ma	rried 🔲 Separa	ted 🔲 Divorc	ed 🔲 Widowe	d
In case of emergency, contact:					
Name		Relationship		_Phone #	·····
IF PATIENT IS CHILD (18 & UNE	<b>)ER)</b> : Responsible P	artv Name:			
Relationship to patient					
Please list: Special hearing needs	:	Specia	al vision needs	:	
What is your race / ethnicity? (cheo	ck all that apply):				
🔲 American Indian or Alaska Nati	ve 🔲 Asian	Native Hawa	aiian 🔲 Otl	her Pacific Island	ler
Black or African American	Hispanic or Latino	U White	Other (please	e describe):	
Preferred Language: 🔲 English 🕻	Spanish 🔲 Amer	ican Sign Langua	ge 🔲 Russian	n 🔲 Other	
INSURANCE INFORMATION					
Insurance company					,,,
Policy holder's name			_Policy holder's	s date of birth	
Policy holder's relationship to patie	nt:				
Policy holder's address:					· · · · · · · · · · · · · · · · · · ·
Policy holder is 🔲 male 🔲 female	Policy ID#				

#### ASSIGNMENT OF BENEFITS AND FINANCIAL POLICY

I hereby authorize payment of all insurance, Medicaid and/or Medicare benefits directly to MAHEC Family Health Center and I authorize them to file insurance on my behalf. I also authorize them to release medical/and or account information to my insurance. Medicaid and/or Medicare carrier as required to satisfy claims. I agree to notify them should my coverage change.

I understand MAHEC Family Health Center:

- Expects payment on the date of service (if insured, co pays and deductibles are expected on the date of service).
- Accepts cash, checks, debit cards or major credit cards.
- Expects Medicaid, Medicare and all insurance will be filed for me. However, it is my responsibility to know the details of my insurance • coverage and provide MAHEC with current and accurate information.
- Will work with me to establish payment plans.
- Provides services and treatment, which are medically appropriate. However, some of these may not be covered by my insurance plan and these will be my responsibility to pay.
- Expects my insurance company to pay within 90 days from the date of service and will bill me directly if the insurance does not pay.
- Expects the parent or guardian to pay for all services rendered to their dependents.
- Expects me to keep appointments and to call at least 24 hours prior, if I need to cancel. I understand that failure to do this may result in being discharged from the practice

I have read and understand the above:

Patient or Guardian Signature

Date

Note: Failure to sign does not relieve you of the above expectations

#### CONSENT FOR TREATMENT

I voluntarily consent to routine services, medical treatment(s), diagnostic radiology procedure(s), diagnostic lab(s), behavioral health services and services offered by lay health workers (e.g. doula, community health worker, peer support specialist) as deemed necessary by the healthcare providers treating me. I voluntarily consent to allow MAHEC to seek emergency medical care from a physician or hospital, if needed. I understand that diagnostic procedures may include but are not limited to lab tests on blood, urine, and tissue, including drug screenings. understand that diagnostic radiology procedures include but are not limited to x-ray, ultrasound and/or mammography. I understand that the practice of medicine is not an exact science and that diagnosis and treatment may cause injury or even death. I understand I have the right to ask questions about my treatment and/or procedures and the right to refuse any treatment or procedure. I agree to notify my provider of my concerns.

Patient, Parent or Guardian Signature Date

#### VERBAL COMMUNICATION CONSENT

MAHEC is authorized to discuss medical and financial information concerning the care and services provided to me with the following individuals:

Today's Date:

#### NOTICE OF PRIVACY ACKNOWLEDGMENT

I have been given the opportunity to read MAHEC's Notice of Privacy Practices, and my guestions concerning the Notice have been answered. I understand if I choose not to sign this acknowledgment MAHEC will continue to provide services to me and will use and disclose my Protected Health Information (PHI) for treatment, payment, and healthcare operations when necessary.

Patient, parent or guardian signature	Date
FOR OFFICE USE ONLY: Primary Care Prov	vider
Copy of insurance card obtained?	🔲 no



# **New Patient Intake Form**

□ BILTMORE □ CANE CREEK □ ENKA □ LAKE LURE □ NEWBRIDGE □ SWANNANOA

Patient Name:			Date of Birth:	
Form Completed by:			Date of Today's Visit:	
Have you received medical care from another physician in the last 5 years? Physician name:		Physician city		
what is the reason for your vis	it today?			
ALLERGIES				
Medicine, food, latex or othe	ad reactions to medicines, foods or latex <b>r substance:</b>	Reaction caused:		
take them every day, and even Name of medication, vitamin	·	how many mg or tab	lets you take)	os) even if you do not <b>How often you take it:</b>
Are you taking a multivitamin	with folic acid?			
Local Pharmacy:		Mail Order:		
MEDICAL HISTORY Have you ever had any the foll	owing? Please check the boxes of all that	t apply to you.		
Alcohol abuse	Cancer, other:	History of physical a	buse C	Thyroid trouble
🗖 Anemia	COPD/Emphysema	History of sexual abu	ise C	Other:
Anxiety	Depression	🛛 Irritable Bowel Syndi	rome _	
□ Arthritis	Diabetes	🗖 Kidney disease	-	
🗖 Asthma	Drug Abuse	☐ Kidney stones	-	
Attention Deficit Disorder	GERD/Reflux	Migraines	-	
Bipolar Disorder	Heart attack, when:	Osteoporosis	-	
Bladder problems	Heart failure	Seizures	_	
Blood clots	🛛 Hepatitis, choose: 🗖 A 🗖 B 🗖 C	Sexually Transmitted	Disease	
Breast cancer, when:	High blood pressure	Skin cancer, when: _		
Colorectal cancer, when:	High cholesterol	Stroke	-	

Patient Name:			[	Date of Bi	rth:	
SURGICAL HISTORY						
What surgeries or procedu	ures have vou ha	d? Please check the	boxes of all that apply to you.			
Amputation, where:	-			🗆 Left	🗆 Right	Year:
Appendix removed		Year:	•		-	Year:
Artificial joints, where: .			<i></i>		g	Year:
Back surgery		Year:	<i></i>	🗆 Left	🗆 Right	
- /	Left 🛛 Right					Year:
□ Cataract extraction □	-					Year:
Catheterization of heart	5	Year:	🛛 Tubes tied			Year:
Gall bladder removed		Year:	Uterus removed			Year:
Heart surgery		Year:	□ Vasectomy			Year:
	any other surger	ies you have had: _	,			
	, ,	,				
REPRODUCTIVE HISTO						
<i>,</i> , , , , , , , , , , , , , , , , , ,			e births: Number of livir	5		
		0	_ Number of still births:	. Numb	er of abort	ions:
Menopause ('change of life	e') since:					
IMMUNIZATION HISTO	)RY					
		e? 🗆 Yes 🗆 No	Unsure Have you had the	following	vaccines?	
Flu (this year)	□Yes □No		Pertussis ("whooping cough")	-	es 🗆 No	Date:
Hepatitis B	□ Yes □ No	Date:	Shingles		es 🗆 No	Date:
Pneumonia (Prevnar)	□ Yes □ No		J		es 🗆 No	Date:
Pneumonia (Pneumovax)	□ Yes □ No	Date:			Date:	
FAMILY MEDICAL HIST						
	ther (m), father (		er (b), daughter (d), son (son) has	a history	of the foll	•
Alcohol abuse		Who?	High blood pressure			Who?
Anesthesia complicatio	ns	Who?	High cholesterol			Who?
□ Anxiety		Who?	Kidney disease			Who?
🗆 Asthma		Who?	Lung problems			Who?
Blood clots		Who?	🗆 Melanoma			Who?
Breast cancer, how old:		Who?	□ Migraines			Who?
Colon cancer, how old:		Who?	Osteoporosis			Who?
Cancer, other:		Who?	Other mental illness			Who?
Depression	Depression Who? Depression Who? Who			Who?		
Diabetes, how old:		Who?	Seizures			Who?
Drug abuse		Who?	□ Stroke, how old:			Who?
🗖 Eczema		Who?	Thyroid trouble			Who?
Heart attack, how old:		Who?	🗆 Other:			Who?
		1 1 10 15	14/1 - 10-11 - 10- <i>4</i>			
•			What did he die from?			
If your mother is deceased	l, how old was s	he when he died? _	What did she die from? _			

## **SOCIAL HISTORY**

Please indicate your marital or relationship status.

□ Single □ Married since: \_\_

□ Not married, living together since: \_\_\_\_\_

Separated since: \_\_\_\_\_

Divorced since: \_\_\_\_

□ Widowed since: \_\_\_\_\_

#### **SEXUAL HISTORY**

Are you sexually active? Yes No

What is the gender of your sexual partner(s)? \_\_\_\_\_

Age you became sexually active: \_\_\_\_\_

Number of sexual partners in the last year: \_\_\_\_\_

What is your gender identity? \_\_\_\_

What is your sexual orientation?

# **ALCOHOL & DRUG USE**

On average, how many alcoholic beverages do you drink per week?

#### Men under 65:

How many times in the past year have you had 5 or more drinks in a day?

Women (and men over 65): How many times in the past year have you had 4 or more drinks in a day?

□ None □ 1 or more

How many times in the past year have you used a recreational drug or a prescription medication for non-medical reasons?

□ None □ 1 or more

□ None □ 1 or more

#### **TOBACCO USE**

□ I have never used tobacco

□ I have smoked, started at age: \_\_\_\_

□ I still smoke \_\_\_\_\_ packs per day

□ I quit \_\_\_\_\_ (date) but used to smoke \_\_\_\_ packs per day

□ I have tried to quit \_\_\_\_\_ times

□ I chew or use smokeless tobacco

□ I vape or use e-cigarettes

□ I am exposed to second-hand smoke

#### The following people make up my household.

Name: .	
Name: .	
ivame: .	

Date of Birth: \_\_\_\_\_

# ..........

OCCUPATION
Currently employed at:
Doing:
Since:
Homemaker since:
Retired since:
Former job:
Disabled due to: Since:
HEALTHY HABITS
Are you exposed to sun without protection?
🗆 Sometimes 🛛 Rarely 🗖 Never
Do you always wear a seat belt? 🛛 Yes 🔲 No
Do you ever use your phone to text while driving (including while stopped)?
In general, how many days do you exercise per week?
On those days, how long do you exercise? minutes
When you exercise, what is the intensity?
Mild (stretching or slow walking)
Moderate (brisk walking)
Heavy (jogging or swimming)
Vigorous (fast running or stair climbing)

Combination

Do you drink caffeine daily? Yes No

If yes, how many servings of the following per day?

\_\_\_\_\_ sodas \_\_\_\_\_ cups of coffee \_\_\_\_\_ energy drinks \_\_\_\_\_ tea

#### HOUSEHOLD

Are any of the following problems present in your household?

- □ Alcohol or other substance abuse
- □ Financial problems
- Difficulties being a caregiver
- □ Marital or relationship problems
- Recent significant loss of a family member
- □ Transportation issues

Other household problems, explain: \_\_\_\_\_

Year born:	Relation to me:
Year born:	Relation to me:

When was your last mammogram?

When was your last bone density (DEXA) scan? \_\_\_\_\_

Have you ever had an abnormal pap test? 
Yes No
When was your last pap?

WOMEN'S HEALTH

Was it normal? Yes No

Was it normal? Yes No

Was it normal? Yes No

#### **REPRODUCTIVE LIFE PLANNING**

Would you like to become pregnant in the next year?

🗆 Yes 🛛 No	🛛 Okay either way	🗆 Unsure
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Are you using any method to prevent pregnancy?

🗆 Yes	🗆 No
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If yes, what: \_\_\_\_\_

Do you use condoms? 🛛 Yes 🖓 No

#### **COLORECTAL HEALTH**

 Date of most recent colonoscopy:
 \_\_\_\_\_\_\_\_\_\_
 Was it normal?
 □ Yes
 □ No

 Date of other colorectal cancer screening:
 \_\_\_\_\_\_\_\_\_\_
 Was it normal?
 □ Yes
 □ No

#### **ADVANCED CARE PLANNING**

Have you filled out forms to indicate your desires for end of	life care?	Living Will:	🗆 Yes	🗆 No	
Durable power of attorney for healthcare ("DPOA"):  □ Yes	🗆 No	lf yes, who: .			

#### **COMPREHENSIVE REVIEW OF SYSTEMS**

Please check the boxes of any symptoms you have had in the past 2 weeks.

General	Lungs	Gastrointestinal, continued	Neurological
☐ Fatigue	Breathing problems	Difficulty swallowing	Fainting or passing out
Fevers	Cough	□ Heartburn	Headaches
□ Loss of appetite	Coughing up blood	□ Nausea	Memory loss
Unplanned weight gain	□ Wheezing	□ Vomiting	Numbness or tingling
Unplanned weight loss	Breasts	Women's Health	Sense of room spinning
Skin	🗖 Breast lump	Bleeding after menopause	Tremor
□ New sore or lesion	🗖 Breast pain	□ Blood in urine	Unsteadiness or imbalance
Non-healing sores	Cardiovascular	Difficulty holding urine	□ Weakness
□ Rashes	Chest pain or pressure	lacksquare Pain or burning with urination	Mental Health
Eyes/Ears/Nose/Throat/Mouth	Heart beats fast	Problems with sex	Change in sleep pattern
Began wearing glasses or contacts	Heart skips	$\square$ Trouble with periods	Feeling nervous, anxious or on edge
Change in vision	$\square$ Short of breath with exercise	Men's Health	Endocrine
□ Bad teeth	$\square$ Short of breath lying down	Blood in urine	Excessive thirst
Dentures	lacksquare Waking at night short of breath	Difficulty urinating	☐ Hot flashes
Frequent stuffy nose	Swelling or edema	Discharge from penis	Blood
Hearing loss	Gastrointestinal	Excessive urination at night	Easy bleeding
Hoarseness	Abdominal pain	$\square$ Problems with sex or erection	Easy bruising
□ Nose bleeds	Black tarry stool	Muscles and Skeleton	□ Swollen glands
Ringing in ears	Blood in stool	□ Backache	Other:
Seasonal allergies	Change in bowel habits	□ Muscle pain	
□ Sinus pain	Constipation	Painful joints	
□ Snoring	Diarrhea		

#### **DEPRESSION SCREENING (PHQ-2)**

Over the past two weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half of the days	Nearly every day
Little interest or pleasure in doing things:	□ 0	□ 1	□ 2	□ 3
Feeling down, depressed or hopeless:	□ 0	□ 1	□ 2	□ 3



Patient Name:	
Date of Birth:	
Appt. Type:	
Provider:	

# IMPORTANT INFORMATION ABOUT TODAY'S VISIT

# Complete Physical Exam / Annual Preventative Exam / Annual Wellness Visit

Your insurance will cover one visit per year to discuss preventative care with your provider. These wellness visits are important so we can assess risk factors for diseases and discuss what test may be needed to screen for illness. Our goal is to keep you well!

A wellness visit does not address new or existing health problems, medication adjustments, referrals etc. If at the time of your wellness visit there are separate issues which need to be addressed then we are required by your insurer to bill you for that service. You will likely owe a copay in that situation.

As time allows, your provider will address these issues during your wellness visit. In some cases, we may need to schedule a separate appointment on a different day to treat these problems.

Patient name: \_\_\_\_\_\_ Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Thank you for taking the time to invest in your health by coming in for your wellness visit today.

# **INCOMING TO MAHEC**

# MAHEC Family Health Center Centralized Medical Records Department

123 Hendersonville Road, Asheville, NC 28803 | Business Office Phone: (828) 771-5489 | Fax: (828) 407-2637

# AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

#### COMPLETE ALL SECTIONS, DATE, AND SIGN

Patient Name:		Date of Birth:		
I authorize the use or disclosure of the above named individual's health information as described below.				
The information is to be disclosed by:		And is to be provided to:		
NAME OF FACILITY:		MAHEC Family Health Center Centralized Medical Records Dept.		
ADDRESS:		123 Hendersonville Road		
CITY/STATE:		Asheville, NC 28803		
PHONE #:       FAX #:         The purpose or need for this disclosure is:				
I understand that the information released may include sensitive information related to behavior and/or mental health, drugs and alcohol (including records of a program that provides alcohol or drug abuse diagnosis, treatment, or referral, as defined by federal law at 42 CFR Part 2), rape, abuse (sexual, physical, elder, spousal, etc.) abortion, sexual diseases like HIV/AIDS and other communicable disease and genetic testing.				
Information to be disclosed: (check appropriate box(es))				
	Standard release (last 3 years of notes, lab/x-ray reports, med list, allergy list, immunization record, consult notes.)			
	Only the period of events from: to			
	<ul> <li>Entire medical record</li> <li>Exclusions AIDS/HIV test results, diagnosis, treatment, and related information</li> <li> Drug screen results and information about drug and alcohol use and treatments</li> <li> Mental health notes</li> <li> Genetics testing</li> </ul>			
I understand that this authorization will expire 90 days from the date it is signed unless I have specified a different expiration date or expiration event as follows.				
I understand that I may cancel this authorization at any time by notifying in writing the MAHEC Privacy Officer, 121 Hendersonville Road Asheville, NC 28803, and this authorization will cease to be effective on the date notified except to the extent action has already been taken in reliance upon it.				
I understand that information used or disclosed by this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state laws.				
I understand that MAHEC will not condition treatment or eligibility for care on the provision of this authorization except if such care is: (1) research related or (2) provided solely for the purpose of creating Protected Health Information for disclosure to a third party. By signing below, I acknowledge that I have read and understand this Authorization.				
SIGNATURE OF PATIENT		DATE		
SIGNATURE OF AUTHORIZED REPRESENTATIVE PATIENT, IF APPLICABLE (State relationship to Patient)		DATE		
WITNESS TO SIGNATURE, IF APPLICABLE			DATE	